

SCZ Recordpoging: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Coachinfo: Warming up from: 17:00 untill . Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Segers Ellen HEADCOACH

Coaches: Bosselaar Mirella

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 400M FREESTYLE MEN 11+

Heat:2, starttime: 18:07

Heat: 2/4 Lane : 3 Athlete: BOMBAERT LOUIS

Q-time: 05:24:36

PB (25m pool): 05:24.36 Sint-Niklaas 11/01/2026

PB (50m pool): 05:35.20 SB: 05:24.36 Sint-Niklaas 11/01/2026

	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:16.15		no time		02:38.28
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:24.36
								

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11+

Heat:1, starttime: 18:25

Heat: 1/2 Lane : 4 Athlete: BOMBAERT MILLA

Q-time: 05:49:03

PB (25m pool): 05:47.34 Aarschot 29/07/2024

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:47.34
								

Coach feedback:

Event number: 3: 200M BACKSTROKE MEN 11+

Heat:2, starttime: 18:42

Heat: 2/2 Lane : 2 Athlete: DE BACKER BJORN

Q-time: 02:28:41

PB (25m pool): 02:15.03 Zaventem 16/07/2024

PB (50m pool): 02:23.13 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:15.03
	no time							
								

Coach feedback:

SCZ Recordpoging: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 3: 200M BACKSTROKE MEN 11+							Heat:2, starttime: 18:42	
Heat: 2/2 Lane : 3 Athlete: VOLCKAERT MATTHIAS							Q-time: 02:12:84	
PB (25m pool): 02:12.84 LEUVEN. 22/02/2026				PB (50m pool): 02:16.02 SB: 02:12.84 LEUVEN. 22/02/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.85		01:04.74		no time		02:12.84
	00:30.85		00:33.89					
								

Coach feedback:

Event number: 3: 200M BACKSTROKE MEN 11+							Heat:2, starttime: 18:42	
Heat: 2/2 Lane : 4 Athlete: VOLCKAERT THOMAS							Q-time: 02:24:40	
PB (25m pool): 02:24.40 Liedekerke 01/05/2026				PB (50m pool): 02:31.56 SB: 02:24.40 Liedekerke 01/05/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.80		01:10.55		no time		02:24.40
	00:33.80		00:36.75					
								

Coach feedback:

Event number: 3: 200M BACKSTROKE MEN 11+							Heat:2, starttime: 18:42	
Heat: 2/2 Lane : 5 Athlete: ANCOLET MATS							Q-time: 02:51:16	
PB (25m pool): 02:51.16 Liedekerke 01/05/2026				PB (50m pool): no time SB: 02:51.16 Liedekerke 01/05/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.29		01:26.45		no time		02:51.16
	00:41.29		00:45.16					
								

Coach feedback:

Event number: 4: 200M BACKSTROKE WOMEN 11+							Heat:3, starttime: 18:54	
Heat: 3/3 Lane : 2 Athlete: LANDRIEU NORA							Q-time: 02:33:91	
PB (25m pool): 02:33.91 Liedekerke 01/05/2026				PB (50m pool): 02:39.09SB: 02:33.91 Liedekerke 01/05/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.84		01:16.22		no time		02:33.91
	00:37.84		00:38.38					
								

Coach feedback:

SCZ Recordpoging: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 4: 200M BACKSTROKE WOMEN 11+							Heat:3, starttime: 18:54	
Heat: 3/3 Lane : 4 Athlete: DE BACKER BIRGIT							Q-time: 02:26:35	
PB (25m pool): 02:26.35 Liedekerke 01/05/2026				PB (50m pool): 02:36.37 SB: 02:26.35 Liedekerke 01/05/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.18		01:09.30		no time		02:26.35
	00:33.18		00:36.12					
								

Coach feedback:

Event number: 5: 100M BUTTERFLY MEN 11+							Heat:4, starttime: 19:04	
Heat: 4/5 Lane : 1 Athlete: VAN HOUCKE QUINTEN							Q-time: 01:15:06	
PB (25m pool): 01:15.06 Meise 21/06/2026				PB (50m pool): 01:32.32SB: 01:15.06 Meise 21/06/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:34.33		01:15.06				
	00:34.33		00:40.73					
								

Coach feedback:

Event number: 5: 100M BUTTERFLY MEN 11+					Heat:4, starttime: 19:04
Heat: 4/5 Lane : 4 Athlete: TURF SANDER				Q-time: 01:07:53	
PB (25m pool): 01:07.53 Hannuit 29/11/2025			PB (50m pool): 01:10.06SB: 01:07.53 Hannuit 29/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.63		01:07.53	
	00:30.63		00:36.90		
					

Coach feedback:

Event number: 6: 100M BUTTERFLY WOMEN 11+						Heat:1, starttime: 19:08	
Heat: 1/3 Lane : 2 Athlete: MUYLAERT YINSE					Q-time: 99:99:99		
PB (25m pool): no time			PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M			
PB		no time		no time			
	no time						
							

Coach feedback:

SCZ Recordpoging: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 6: 100M BUTTERFLY WOMEN 11+					Heat:1, starttime: 19:08
Heat: 1/3 Lane : 4 Athlete: ANCOLET LAURE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 6: 100M BUTTERFLY WOMEN 11+					Heat:1, starttime: 19:08
Heat: 1/3 Lane : 5 Athlete: FAHY EMMA					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 7: 100M BREASTSTROKE MEN 11+					Heat:1, starttime: 19:14
Heat: 1/5 Lane : 3 Athlete: VAN HOUCKE XANDER					Q-time: 01:50:24
PB (25m pool): 01:50.24 Ternat 30/03/2025 PB (50m pool): 01:50.05 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:52.23		01:50.24	
	00:52.23 00:58.01				
					

Coach feedback:

Event number: 7: 100M BREASTSTROKE MEN 11+					Heat:2, starttime: 19:17
Heat: 2/5 Lane : 5 Athlete: LUBOWICKI OLIVIER					Q-time: 01:41:94
PB (25m pool): 01:41.94 Ternat 30/03/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.49		01:41.94	
	00:47.49 00:54.45				
					

Coach feedback:

SCZ Recordpoging: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 7: 100M BREASTSTROKE MEN 11+					Heat:4, starttime: 19:21
Heat: 4/5 Lane : 4 Athlete: DE BACKER BRENT					Q-time: 01:19:69
PB (25m pool): 01:19.69 Zaventem 15/07/2025					PB (50m pool): 01:24.71 SB: 01:19.73 Leuven 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.67		01:19.69	
	00:36.67		00:43.02		
					

Coach feedback:

Event number: 7: 100M BREASTSTROKE MEN 11+					Heat:5, starttime: 19:23
Heat: 5/5 Lane : 2 Athlete: DE PEYPER MATS					Q-time: 01:12:25
PB (25m pool): 01:12.25 Temse 17/11/2025					PB (50m pool): 01:14.90 SB: 01:12.25 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.32		01:12.25	
	00:33.32		00:38.93		
					

Coach feedback:

Event number: 7: 100M BREASTSTROKE MEN 11+					Heat:5, starttime: 19:23
Heat: 5/5 Lane : 4 Athlete: DE PEYPER NOAH					Q-time: 01:09:34
PB (25m pool): 01:09.34 Sinbad 12/01/2025					PB (50m pool): 01:11.99 SB: 01:11.31 Sint-Niklaas 11/01/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.25		01:09.34	
	00:33.25		00:36.09		
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE WOMEN 11+					Heat:1, starttime: 19:25
Heat: 1/6 Lane : 2 Athlete: DE PEYPER MYRTHE					Q-time: 99:99:99
PB (25m pool): 01:24.74 Leuven 18/10/2020					PB (50m pool): 01:28.11 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:24.74	
	no time				
					

Coach feedback:

SCZ Recordpoging: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 8: 100M BREASTSTROKE WOMEN 11+					Heat:1, starttime: 19:25
Heat: 1/6 Lane : 3 Athlete: FAHY JULIE					Q-time: 01:58:81
PB (25m pool): 01:58.81 Liedekerke 11/11/2025					PB (50m pool): no time SB: 01:58.81 Liedekerke 11/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:57.11		01:58.81	
	00:57.11		01:01.70		
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE WOMEN 11+					Heat:3, starttime: 19:30
Heat: 3/6 Lane : 1 Athlete: DE BRUYN JADE					Q-time: 01:48:69
PB (25m pool): 01:48.69 Liedekerke 11/11/2025					PB (50m pool): no time SB: 01:48.69 Liedekerke 11/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:51.41		01:48.69	
	00:51.41		00:57.28		
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE WOMEN 11+					Heat:4, starttime: 19:33
Heat: 4/6 Lane : 1 Athlete: HEREMANS MARIE					Q-time: 01:39:92
PB (25m pool): 01:39.92 Liedekerke 11/11/2025					PB (50m pool): no time SB: 01:39.92 Liedekerke 11/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.07		01:39.92	
	00:48.07		00:51.85		
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE WOMEN 11+					Heat:4, starttime: 19:33
Heat: 4/6 Lane : 3 Athlete: BOMBAERT MILLA					Q-time: 01:32:69
PB (25m pool): 01:32.07 Liedekerke 03/11/2024					PB (50m pool): 01:40.44 SB: 01:32.69 Zwembad De Treffer 06/04/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.75		01:32.07	
	00:42.75		00:49.32		
					

Coach feedback:

SCZ Recordpoging: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 8: 100M BREASTSTROKE WOMEN 11+					Heat:4, starttime: 19:33
Heat: 4/6 Lane : 4 Athlete: VAN LIERDE LANA					Q-time: 01:33:64
PB (25m pool): 01:33.64 Liedekerke 11/11/2025					PB (50m pool): no time SB: 01:33.64 Liedekerke 11/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.11		01:33.64	
	00:44.11		00:49.53		
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE WOMEN 11+					Heat:4, starttime: 19:33
Heat: 4/6 Lane : 5 Athlete: MUYLEAERT YAELE					Q-time: 01:38:55
PB (25m pool): 01:38.55 Zaventem 15/07/2025					PB (50m pool): 01:41.00 SB: 01:39.50 Sint-Niklaas 11/01/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.65		01:38.55	
	00:45.65		00:52.90		
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE WOMEN 11+					Heat:5, starttime: 19:35
Heat: 5/6 Lane : 2 Athlete: MATTHIJS XANTHE					Q-time: 01:29:84
PB (25m pool): 01:29.84 Sint-Niklaas 11/01/2026					PB (50m pool): 01:35.29 SB: 01:29.84 Sint-Niklaas 11/01/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.87		01:29.84	
	00:41.87		00:47.97		
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE WOMEN 11+					Heat:5, starttime: 19:35
Heat: 5/6 Lane : 3 Athlete: DEROOST BEAU					Q-time: 01:27:95
PB (25m pool): 01:27.95 Sint-Niklaas 11/01/2026					PB (50m pool): 01:33.27 SB: 01:27.95 Sint-Niklaas 11/01/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.54		01:27.95	
	00:40.54		00:47.41		
					

Coach feedback:

SCZ Recordpoging: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 8: 100M BREASTSTROKE WOMEN 11+					Heat:5, starttime: 19:35
Heat: 5/6 Lane : 4 Athlete: BIESEMANS JANA					Q-time: 01:29:31
PB (25m pool): 01:29.31 Zwembad De Treffer 06/04/2026			PB (50m pool): 01:28.50 SB: 01:29.31 Zwembad De Treffer 06/04/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.26		01:29.31	
	00:41.26		00:48.05		
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE WOMEN 11+					Heat:5, starttime: 19:35
Heat: 5/6 Lane : 5 Athlete: VEIRMAN LOTTE					Q-time: 01:30:59
PB (25m pool): 01:30.59 Liedekerke 11/11/2025			PB (50m pool): 01:34.34 SB: 01:30.59 Liedekerke 11/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.05		01:30.59	
	00:41.05		00:49.54		
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE WOMEN 11+					Heat:6, starttime: 19:37
Heat: 6/6 Lane : 3 Athlete: DONIN MANON					Q-time: 01:14:91
PB (25m pool): 01:14.91 Zaventem 15/07/2025			PB (50m pool): 01:15.69 SB: 01:15.21 Gent 09/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.79		01:14.91	
	00:34.79		00:40.12		
					

Coach feedback:

Event number: 9: 200M FREESTYLE MEN 11+							Heat:2, starttime: 19:53	
Heat: 2/3 Lane : 3 Athlete: BOMBAERT LOUIS							Q-time: 02:28:43	
PB (25m pool): 02:28.43 Liedekerke 01/05/2026				PB (50m pool): 02:35.24 SB: 02:28.43 Liedekerke 01/05/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:28.43
	no time							
								

Coach feedback:

SCZ Recordpoging: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 9: 200M FREESTYLE MEN 11+							Heat:3, starttime: 19:56	
Heat: 3/3 Lane : 2 Athlete: VOLCKAERT THOMAS							Q-time: 02:05:83	
PB (25m pool): 02:05.83 Liedekerke 01/05/2026				PB (50m pool): 02:09.34 SB: 02:05.83 Liedekerke 01/05/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:05.83
	no time							
								

Coach feedback:

Event number: 9: 200M FREESTYLE MEN 11+							Heat:3, starttime: 19:56	
Heat: 3/3 Lane : 3 Athlete: PERSOONS EMIEL							Q-time: 02:00:83	
PB (25m pool): 02:00.83 Sint-Pieters-Leeuw 01/03/2026				PB (50m pool): 02:05.26 SB: 02:00.83 Sint-Pieters-Leeuw 01/03/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:28.18		00:58.69		no time		02:00.83
	00:28.18		00:30.51					
								

Coach feedback:

Event number: 9: 200M FREESTYLE MEN 11+							Heat:3, starttime: 19:56	
Heat: 3/3 Lane : 4 Athlete: VOLCKAERT MATTHIAS							Q-time: 02:01:82	
PB (25m pool): 02:00.32 Ternat 26/12/2024				PB (50m pool): 02:04.64 SB: 02:01.82 Leuven 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:28.11		00:58.92		no time		02:00.32
	00:28.11		00:30.81					
								

Coach feedback:

Event number: 11: 200M MEDLEY MEN 11+							Heat:1, starttime: 20:10	
Heat: 1/3 Lane : 3 Athlete: ANCOLET MATS							Q-time: 03:10:85	
PB (25m pool): 03:10.85 Kapelle-op-den-Bos 21/09/2025				PB (50m pool): no time SB: 03:10.85 Kapelle-op-den-Bos 21/09/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.47		no time		no time		03:10.85
	00:44.47							
								

Coach feedback:

SCZ Recordpoging: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 11: 200M MEDLEY MEN 11+							Heat:1, starttime: 20:10	
Heat: 1/3 Lane : 4 Athlete: VAN HOUCKE QUINTEN							Q-time: 99:99:99	
PB (25m pool): 02:47.33 Sint-Pieters-Leeuw 06/10/2024							PB (50m pool): 03:25.12 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:47.33
	no time							
								

Coach feedback:

Event number: 11: 200M MEDLEY MEN 11+							Heat:3, starttime: 20:17	
Heat: 3/3 Lane : 3 Athlete: DE BACKER BJORN							Q-time: 02:17:38	
PB (25m pool): 02:15.85 Gent(Sint-Amandsberg) 11/11/2024							PB (50m pool): 02:20.33 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.62		01:05.28		01:44.87		02:15.85
	00:29.62		00:35.66		00:39.59		00:30.98	
								

Coach feedback:

Event number: 12: 200M MEDLEY WOMEN 11+							Heat:1, starttime: 20:21	
Heat: 1/2 Lane : 3 Athlete: VEIRMAN LOTTE							Q-time: 02:58:06	
PB (25m pool): 02:58.06 Sint-Pieters-Leeuw 01/03/2026							PB (50m pool): 03:06.77 SB: 02:58.06 Sint-Pieters-Leeuw 01/03/2026	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.29		no time		no time		02:58.06
	00:42.29							
								

Coach feedback:

Event number: 12: 200M MEDLEY WOMEN 11+							Heat:1, starttime: 20:21	
Heat: 1/2 Lane : 5 Athlete: FAHY JULIE							Q-time: 99:99:99	
PB (25m pool): no time							PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

SCZ Recordpoging: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 12: 200M MEDLEY WOMEN 11+							Heat:2, starttime: 20:25	
Heat: 2/2 Lane : 1 Athlete: BOMBAERT MILLA							Q-time: 02:55:41	
PB (25m pool): 02:55.41 Sint-Pieters-Leeuw 01/03/2026				PB (50m pool): 03:05.62 SB: 02:55.41 Sint-Pieters-Leeuw 01/03/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.23		no time		no time		02:55.41
	00:37.23							
								

Coach feedback:

Event number: 13: 100M BACKSTROKE MEN 11+					Heat:1, starttime: 20:29
Heat: 1/2 Lane : 2 Athlete: VAN HOUCKE XANDER				Q-time: 01:33:16	
PB (25m pool): 01:33.00 Ternat 26/12/2024			PB (50m pool): 01:29.29SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.06		01:33.00	
	00:44.06		00:48.94		
					

Coach feedback:

Event number: 14: 100M BACKSTROKE WOMEN 11+					Heat:1, starttime: 20:34	
Heat: 1/2 Lane : 2 Athlete: FAHY EMMA					Q-time: 01:35:98	
PB (25m pool): 01:35.98 Meise 21/06/2026			PB (50m pool): no time SB: 01:35.98 Meise 21/06/2026			
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:46.35		01:35.98		
	00:46.35		00:49.63			
						

Coach feedback:

Event number: 14: 100M BACKSTROKE WOMEN 11+					Heat:2, starttime: 20:36	
Heat: 2/2 Lane : 1 Athlete: DEROOST BEAU					Q-time: 01:16:40	
PB (25m pool): 01:16.40 Zwembad De Treffer 06/04/2026					PB (50m pool): 01:20.66SB: 01:16.40 Zwembad De Treffer 06/04/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:36.99		01:16.40		
	00:36.99		00:39.41			
						

Coach feedback:

SCZ Recordpoging: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 14: 100M BACKSTROKE WOMEN 11+					Heat:2, starttime: 20:36
Heat: 2/2 Lane : 2 Athlete: LANDRIEU NORA					Q-time: 01:12:63
PB (25m pool): 01:12.63 Liedekerke 11/11/2025			PB (50m pool): 01:14.86 SB: 01:12.63 Liedekerke 11/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.61		01:12.63	
	00:35.61		00:37.02		
					

Coach feedback:

Event number: 14: 100M BACKSTROKE WOMEN 11+					Heat:2, starttime: 20:36
Heat: 2/2 Lane : 4 Athlete: DE BACKER BIRGIT					Q-time: 01:08:92
PB (25m pool): 01:08.92 Zwembad De Treffer 06/04/2026			PB (50m pool): 01:11.15 SB: 01:08.92 Zwembad De Treffer 06/04/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.56		01:08.92	
	00:33.56		00:35.36		
					

Coach feedback:

Event number: 15: 100M FREESTYLE MEN 11+					Heat:3, starttime: 20:42
Heat: 3/8 Lane : 1 Athlete: BOMBAERT LOUIS					Q-time: 01:09:54
PB (25m pool): 01:09.54 Temse 21/12/2025			PB (50m pool): 01:11.43 SB: 01:09.54 Temse 21/12/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.26		01:09.54	
	00:33.26		00:36.28		
					

Coach feedback:

Event number: 15: 100M FREESTYLE MEN 11+					Heat:4, starttime: 20:44
Heat: 4/8 Lane : 1 Athlete: LUBOWICKI OLIVIER					Q-time: 01:07:12
PB (25m pool): 01:07.12 Sint-Niklaas 11/01/2026			PB (50m pool): no time SB: 01:07.12 Sint-Niklaas 11/01/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.49		01:07.12	
	00:31.49		00:35.63		
					

Coach feedback:

SCZ Recordpoging: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 15: 100M FREESTYLE MEN 11+					Heat:5, starttime: 20:46
Heat: 5/8 Lane : 2 Athlete: TURF SANDER					Q-time: 01:01:98
PB (25m pool): 01:01.98 Zwembad De Treffer 06/04/2026					PB (50m pool): 01:04.81 SB: 01:01.98 Zwembad De Treffer 06/04/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.66		01:01.98	
	00:29.66		00:32.32		
					

Coach feedback:

Event number: 15: 100M FREESTYLE MEN 11+					Heat:6, starttime: 20:47
Heat: 6/8 Lane : 3 Athlete: DE BACKER BRENT					Q-time: 00:59:35
PB (25m pool): 00:59.35 Leuven 12/10/2025					PB (50m pool): 01:00.91 SB: 00:59.35 Leuven 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.13		00:59.35	
	00:28.13		00:31.22		
					

Coach feedback:

Event number: 15: 100M FREESTYLE MEN 11+					Heat:8, starttime: 20:50
Heat: 8/8 Lane : 2 Athlete: PERSOONS EMIEL					Q-time: 00:56:38
PB (25m pool): 00:56.38 Tervuren 30/05/2026					PB (50m pool): 00:58.59 SB: 00:56.38 Tervuren 30/05/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.05		00:56.38	
	00:27.05		00:29.33		
					

Coach feedback:

Event number: 15: 100M FREESTYLE MEN 11+					Heat:8, starttime: 20:50
Heat: 8/8 Lane : 4 Athlete: DE PEYPER NOAH					Q-time: 00:55:91
PB (25m pool): 00:55.55 Aarschot 29/07/2024					PB (50m pool): 00:58.02 SB: 00:55.91 Leuven 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		00:55.55	
	no time				
					

Coach feedback:

SCZ Recordpoging: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 16: 100M FREESTYLE WOMEN 11+					Heat:1, starttime: 20:52
Heat: 1/6 Lane : 2 Athlete: DE BRUYN JADE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 16: 100M FREESTYLE WOMEN 11+					Heat:1, starttime: 20:52
Heat: 1/6 Lane : 4 Athlete: ANCOLET LAURE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 16: 100M FREESTYLE WOMEN 11+					Heat:2, starttime: 20:54
Heat: 2/6 Lane : 1 Athlete: MUYLEAERT YINSE					Q-time: 01:30:93
PB (25m pool): 01:30.93 Sint-Pieters-Leeuw 05/10/2025 PB (50m pool): 01:26.77 SB: 01:30.93 Sint-Pieters-Leeuw 05/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.06		01:30.93	
	00:42.06 00:48.87				
					

Coach feedback:

Event number: 16: 100M FREESTYLE WOMEN 11+					Heat:2, starttime: 20:54
Heat: 2/6 Lane : 5 Athlete: HEREMANS MARIE					Q-time: 01:21:62
PB (25m pool): 01:21.62 Sint-Pieters-Leeuw 05/10/2025 PB (50m pool): 01:22.04 SB: 01:21.62 Sint-Pieters-Leeuw 05/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.36		01:21.62	
	00:39.36 00:42.26				
					

Coach feedback:

SCZ Recordpoging: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 16: 100M FREESTYLE WOMEN 11+					Heat:3, starttime: 20:56
Heat: 3/6 Lane : 2 Athlete: VAN LIERDE LANA					Q-time: 01:10:63
PB (25m pool): 01:08.05 LEUVEN 14/05/2023					PB (50m pool): 01:10.50 SB: 01:13.67 Zwembad De Treffer 06/04/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:08.05	
	no time				
					

Coach feedback:

Event number: 16: 100M FREESTYLE WOMEN 11+					Heat:3, starttime: 20:56
Heat: 3/6 Lane : 3 Athlete: MATTHIJS XANTHE					Q-time: 01:09:67
PB (25m pool): 01:09.25 LEUVEN 14/05/2023					PB (50m pool): 01:11.85 SB: 01:10.00 Sint-Niklaas 11/01/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:09.25	
	no time				
					

Coach feedback:

Event number: 16: 100M FREESTYLE WOMEN 11+					Heat:3, starttime: 20:56
Heat: 3/6 Lane : 4 Athlete: BIESEMANS JANA					Q-time: 01:10:32
PB (25m pool): 01:10.32 Temse 17/11/2025					PB (50m pool): 01:12.00 SB: 01:10.32 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.05		01:10.32	
	00:33.05 00:37.27				
					

Coach feedback:

Event number: 16: 100M FREESTYLE WOMEN 11+					Heat:4, starttime: 20:58
Heat: 4/6 Lane : 1 Athlete: DE PEYPER MYRTHE					Q-time: 01:09:40
PB (25m pool): 01:04.79 Leuven. 06/02/2022					PB (50m pool): 01:05.79 SB: 01:09.40 Liedekerke 11/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:04.79	
	no time				
					

Coach feedback:

SCZ Recordpoging: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 17: 100M MEDLEY MEN 11+					Heat:3, starttime: 21:07
Heat: 3/3 Lane : 2 Athlete: DE PEYPER MATS					Q-time: 01:05:71
PB (25m pool): 01:05.71 Kapelle-op-den-Bos 19/04/2026 PB (50m pool): no time SB: 01:05.71 Kapelle-op-den-Bos 19/04/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:05.71	
	no time				
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:2, starttime: 21:12
Heat: 2/5 Lane : 3 Athlete: MUYLEAERT YAELE					Q-time: 01:29:93
PB (25m pool): 01:29.93 Kapelle-op-den-Bos 21/04/2025 PB (50m pool): no time SB: 01:29.97 Temse 21/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:29.93	
	no time				
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 21:18
Heat: 5/5 Lane : 4 Athlete: DONIN MANON					Q-time: 01:08:70
PB (25m pool): 01:08.70 Leuven 23/02/2025 PB (50m pool): no time SB: 01:09.76 Kapelle-op-den-Bos 19/04/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:08.70	
	no time				
					

Coach feedback: